



WITHINGS

BODY SMART SCALE WHITE

Advanced Body Composition Wi-Fi Scale

REF: WI-WBS13-WHT EAN: 3700546708206 EXISTS IN: BLACK, WHITE

DESCRIPTION:

Start your health journey with Body Smart, the ideal connected scale to help you achieve your goals.

Get precise weight measurements and track 8 advanced body composition metrics, including body fat/muscle mass. With Precision Technology™ and multi-frequency measurements, Body Smart offers new insights like visceral fat index and provides an overview of your cardiovascular health, helping you stay in good health.

Embrace the Withings scale experience and take care of your health every day. Body Smart has a 15-month battery life, a high-resolution color screen, and automatic tracking for multiple users. Discover the Pregnancy, Baby, and Athlete modes as well. Enjoy Wi-Fi or Bluetooth connectivity and sync all your health data with our app. Monitor your trends and progress, and find daily inspiration for long-term improvement. With the highest standards of data privacy, your data will always be secure.

STRENGTHS:

• Advanced Body Composition

With multi-frequency technology, get a precise and detailed overview of your body composition, including body fat, muscle mass, lean mass, and hydration level.

· A Snapshot of Your Body

Precision Technology provides access to new measurements like visceral fat index, which assesses the amount of fat around the organs in your abdominal area. Basal metabolic rate (BMR) defines how many calories your body burns at rest to support vital functions.



1 BMR will be available in a future update

• Multi-User

Automatically recognizes and tracks up to 8 users independently.

• Precise Weight Measurements

Track your weight with accuracy and reliability (50g/0.1lb) thanks to our patented transistor technology and view your weight trends on the high-resolution color screen or in the Withings app.

Standing Heart Rate

Measures your standing heart rate with each weigh-in, allowing you to track changes in your heart rate over time. It is a good indicator of your overall cardiovascular fitness.

Dynamic Screens

Displays personalized data, content, and information directly on the high-visibility color screen of the scale. View your data and trends without needing to consult the app.

Everyday Useful

Displays local weather forecasts, local air pollution score, and your steps from the previous day (if you have a Withings tracker) with each weigh-in.

- **Pregnancy Mode:** Easily track your weight throughout pregnancy. It also provides personalized recommendations to support you during pregnancy.
- **Hands-Off Mode:** Display motivating messages on your scale's screen instead of body measurements. Use this mode to focus on your progress rather than the numbers.
- **Pacemaker Mode:** Designed for users with a pacemaker. It deactivates the undetectable electrical signal the scale sends for body composition measurements to avoid interfering with the pacemaker's functioning.
- Athlete Mode: Athletes tend to have a different body composition compared to the average user. By activating this mode, the measurement algorithms of your scale will adapt to provide you with the most accurate data.
- Baby Mode: Precisely weigh the smallest member of your family by simply holding them in your arms.

• Precise up to 50g/0.1lbs

Get precise measurements with Position Control™ technology, a patented positioning aid technology.

· Wi-Fi and Bluetooth Sync

Data automatically syncs with the Withings app via Wi-Fi or Bluetooth®. Set goals, view trends, and find additional motivation (iOS & Android™).

Long Battery Life

15 months of autonomy, AAA batteries included.



Platform

Tempered glass platform with 4 electrodes.

• High-Resolution Color Screen

High-resolution LCD color screen.

CHARACTERISTICS:

Features

• Body Composition

- o Multi-frequency bioimpedance analysis
- o Athlete and non-athlete mode

Heart Rate

- o Patented heart rate measurement technology
- Unit: bpm (beats per minute)

• Daily Weather Report

o Available when the scale is installed on Wi-Fi and connected to the network

Design

• Dimensions

- o Length and width: 325 mm x 325 mm
- o Depth: 25.6 mm

Sensors

- $\circ \ \ \text{Four weight sensors}$
- Weighing range from 5 kg to 200 kg (9 -> 441 lb)
- o Optimal precision with patented positioning aid technology: Position Contrai™
- Graduation of 50 g (0.1 lb)

Power

- AAA batteries
- o Average autonomy: 15 months

• 320 x 240 Pixels Resolution

- o Resolution of 320 x 240 pixels
- o 2.8" screen
- $\circ \ \ \mathsf{LCD} \ \mathsf{color} \ \mathsf{screen}$
- o Weight units: kg, lbs, st lb

Connectivity



Connectivity

- o WIFI 11 b/g/n, compatible with WEP/WPA/ WPA2 personal networks
- Low-energy Bluetooth® connectivity (Bluetooth® Ready)

• Free and Unlimited Online Storage

 $\circ\,$ Free and unlimited online storage of all weight measurement data

• Withings App

- Withings app for iOS or Android (iOS 15 or above, Android 10 or above)
- o Online dashboard
- o Compatible with over 100 apps and services

• Compatibility

- o iPhone, iPad, or iPod touch with iOS 15 or above, or Android device with OS version 10 or above
- o Cannot be configured from a computer