



WITHINGS

## SCANWATCH LIGHT WHITE

Next-generation hybrid connected watch

REF : WI-HWA11-MODEL3

EAN : 3700546708343

EXISTS IN : ROSE GOLD, BLACK, WHITE

### DESCRIPTION :

ScanWatch Light is an elegant hybrid smartwatch designed to inspire you, seamlessly integrate into your daily life, and shed light on your health through advanced sensors. With its remarkable 30-day battery life, this watch allows continuous health tracking, letting you fully enjoy life without worrying about recharging.

Lightweight, stylish, and durable, ScanWatch Light accompanies you every day with continuous health monitoring.

ScanWatch Light automatically syncs with the free Withings app, enabling you to view your trends, get insights, and securely store your data.

### STRENGTHS :

- Stay on Track

Automatically track all your movements and start a workout to get your heart rate zones, pace, and route through GPS connectivity.

- Follow Your Heart

Monitor your heart rate day and night to discover your baseline and be notified of any changes.

- Take a Breather

You can initiate a heart coherence session from your watch anytime to help you recenter yourself.

- It's Bedtime

Check your sleep quality score right upon waking up and discover what can enhance your energy level.

- Take Charge of Your Menstrual Health

Menstruation is one of the most important biomarkers that can be used to better understand your health. Track your symptoms, duration, and cycle phases to help you create a personalized routine tailored to your body's needs.

## CHARACTERISTICS :

- Weight & Dimensions
  - Dimensions: 37 mm
  - Weight (case only): 27.1 g
- Display
  - Grayscale OLED Display
  - 14504 px, 282 PPI
  - 16-bit grayscale
- Materials
  - Stainless Steel Case
  - Gorilla Glass
  - Stainless Steel Crown
- Water Resistance
  - 5 ATM
- Sensors
  - High Dynamic Range Accelerometer
  - Multi-Wavelength PPG
- Battery Life
  - Up to 30 days of battery life
  - Charging time: 2 hours
  - Charging dock (compatible with USB-C)
- Connectivity
  - Bluetooth® Low Energy
- Withings App
  - Available on: App Store (iOS), Google Play Store (Android)
  - Compatible with Apple Health, Google Health Connect & Google Fit
  - Withings App Web Dashboard
  - iPhone, iPad, or iPod touch with iOS 15 and above, or Android device with OS 9 and above
  - Cannot be installed from a computer